

THE FUTURE OF FAMILIES

A Nurturing Family Program



Parents and children will learn to:

- Develop family rules
- Communicate their feelings honestly
- Express anger without violence
- Develop quality “time-in”
- Give and receive positive recognition
- Practice nurturing routines
- Use their personal power in positive ways
- Discipline with positive results
- Play and have fun as a family!

FREE CLASS! FREE DINNER!

Please call the school at 836-2213 or
Lisa at 942-3821
to register your family.
Come Join Us!

When: Monday evenings
beginning January 25, 2010
6:00 PM to 8:30 PM

Where: North Douglas Elementary
Library

Presented by the North Douglas School District in cooperation with the Douglas
County Early Childhood Planning Coalition and The Ford Family Foundation.

Please post information until February 8, 2010