



# PARENTING CLASSES

for parents of children birth to 8 years old

Parents are invited to come together to share experiences, get new ideas, understand their child better, reduce stress and discover more about the pleasures of being a parent. Group activities and discussions will offer an opportunity to share child development questions as well as the daily adventures and mishaps of parenting.

**Classes are free of charge and space is limited!**  
Please call the UCC registration office at 440-7744 to register for a class and to make a reservation for childcare.

## Winter 2010 Schedule:

### **#36721 Nurturing Parenting**

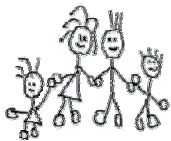
January 14 to March 18, 2010  
Thursdays 6:00 pm to 8:00 pm  
Sutherlin West Intermediate Room 5

### **#36733 Parenting Now!**

January 26 to March 9, 2010  
Tuesdays 6:00 pm to 8:00 pm  
Brockway Elementary Library

### **#36752 Nurturing Parenting**

February 10 to April 21, 2010 (no class March 24)  
Wednesdays 6:00 pm to 8:00 pm  
Fir Grove Elementary Library



Presented by the Douglas County Early Childhood Planning Coalition in cooperation with The Ford Family Foundation, Mercy Foundation, and Umpqua Community College.